# Crucial Conversations® Training22-23 June 2023Tools for TalkingWHENSTAKESAREHIGH

Crucial Conversations is a two-day course that teaches skills for creating alignment and agreement by fostering open dialogue around high-stakes, emotional, or risky topics—at all levels of your organization. By learning how to speak and be heard (and encouraging others to do the same), you'll begin to surface the best ideas, make the highest-quality decisions, and then act on your decisions with unity and commitment.

# What Is a Crucial Conversation?

Acrucial conversation is a discussion between two or more people where the stakes are high, opinions vary, and emotions run strong. These conversations—when handled poorly or ignored—lead to strained relationships and dismalresults.

## What Does Crucial Conversations Training Teach?

Crucial Conversations teaches participants how to:

- · Speakpersuasively, not abrasively
- Fosterteamwork and better decisionmaking
- Build acceptance rather than resistance
- Resolve individual and group disagreements



### **Organizational Benefits of Crucial Conversations**

Fortune 500 organizations around the world have turned to the award-winning Crucial Conversations Training to improve bottom-line results like quality, efficiency, satisfaction, safety, etc. Results include:

•**Productivity & Quality.** Sprint Nextel saw a 93 percent improvement in productivity and a 10 to 15 percent improvement in quality, time, and cost

•**Teamwork.** Employees at MaineGeneral Health were 167 percent more likely tospeak up and resolve problems with colleagues after being trained in Crucial Conversations

•**Relationships.** Franklin Pierce College reduced passive-aggressive behavior by 14 percent and increased trust levels by 15 percent

•**Performance.** STPNuclear Power Plant went from total shut-down to generating the most electricity in the nation among two-unit plants

•Efficiency. AT&T reduced billing costs by 30 percent and Sprint Nextel reduced customer care expenses by USD20 million annually.

# crucial conversations\*

# Training Course Details

Crucial Conversations Training infuses fourteen hours of classroom time with more than 60 original video clips of "before and after" situations. Enjoy video-based instruction from the authors of *Crucial Conversations: Tools for Talking When Stakes are High.* Engage in extensive in-class practice, group participation, and personal reflection as you explore and master these crucial skills.

Day 1	Day 1				
8:00 a.m.	Lesson 1: Get Unstuck	<ul> <li>Spot the conversations that are keeping you from what you want.</li> <li>Avoid moving to silence or violence during crucial conversations.</li> <li>Share facts, ideas, feelings, and opinions candidly and honestly.</li> </ul>			
9:30 a.m.	Break				
9:45 a.m.	Lesson Two: Start with Heart	<ul> <li>Identify your own Style Under Stress and manage it.</li> <li>Stay focused on what you really want and maintain dialogue.</li> <li>Understand how motives change when conversations turn crucial.</li> </ul>			
11:00 a.m.	Break				
11:15 a.m.	Lesson Three: Master My Stories	<ul> <li>Stay in dialogue when you're angry, scared, or hurt—"think" your way to the root cause of negative emotions.</li> <li>Discover your stories—how do you justify your behavior?</li> </ul>			
12:00 p.m.	Lunch	·			
1:00 p.m.	Lesson Three: Master My Stories, cont.	• Eliminate Victim, Villain, and Helpless Stories, and improve your results.			
2:00 p.m.	Break				
2:15 p.m.	Lesson Four: STATE My Path	<ul><li>Speak persuasively, not abrasively.</li><li>Get your meaning across even with potentially threatening messages.</li></ul>			
3:30 p.m.	Break				
3:45 p.m.	Lesson Four: STATE My Path, cont.	<ul><li>Share strong opinions without shutting down contrary views.</li><li>State your mind while making it safe for others to do the same.</li></ul>			
5:00 p.m.	End of Day One				
Day 2					
8:00 a.m.	Lesson Five: Learn to Look	<ul> <li>Spot the warning signs that indicate safety is at risk.</li> <li>Notice various forms of silence and violence.</li> <li>Step out of a conversation and notice how to make it work.</li> </ul>			
9:30 a.m.	Break				
9:45 a.m.	Lesson Six: Make It Safe I	<ul> <li>Take steps to rebuild safety and return to dialogue.</li> <li>Talk about almost anything—without silence violence.</li> </ul>			
11:00 a.m.	Break				
11:15 a.m.	Lesson Six: Make It Safe I, cont.	Use specific skills to keep everyone sharing information.			
12:00 p.m.	Lunch				
1:00 p.m.	Lesson Seven: Make It Safe II, cont.	<ul><li>Establish and maintain mutual purpose and mutual respect.</li><li>Recognize when you're at cross-purpose.</li></ul>			
2:00 p.m.	Break				
2:15 p.m.	Lesson Eight: Explore Others' Paths	<ul> <li>Use exploring skills to make it safe for others to speak up.</li> <li>Diffuse others' violence and eliminate silence.</li> <li>Get safely to the meaning behind others' emotions.</li> </ul>			
3:45 p.m.	Break				
4:00 p.m.	Lesson Nine: Move to Action	<ul><li>Put Crucial Conversations principles and skills together.</li><li>Move from healthy dialogue to taking action and achieving results.</li></ul>			
5:00 p.m.	End of Training				

For registration, contact us at TeamSYNthesis

BOOK YOUR SEAT TODAY Scheduled Class 22-23 June 2023

# 2-Day Crucial Conversations Fees

Local Delegate

MQA Approved - RS42,000\* Only

ForeignDelegate USD2,000\* Only

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\* Feesinclusive of Crucial Conversation Training Materials

www.teamsynthesis.com/PLC/



(230) 4546730

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# About the Facilitator



crucial conversations

Principal Consultant and Master Trainer. **Visiting Fellow** with focus in leadership, organizational development & organizational effectiveness research. Multi-industry exposure with extensive travel to Australia, New Zealand, SouthAfrica and United States of America.

Fifteen years with the Ford Motor Company (both locally and overseas) holding specialist and managerial positions in Organisation Planning, Personnel Administration, Industrial Relations and Training and Development. In 1982, joined the Graduate School of BusinessAdministration, University of the Witwatersrand as Senior Lecturer in BusinessAdministration. Teaching and research interests have been in Organisation Behaviour, Organisation Design and Development, Human Resources Development, Personnel Systems and Practices, Change Management and Leadership. Headed the Human Resources Strategy Area for five years, providing administrative and academic leadership for the general human resource disciplines at the School. He is committed to teaching and in 1992 was awarded the South African Business Management Association medal for an academicarticle presented in 1992. Hereceived the **ROIInstitute Prize** for the Best Published CaseStudy in 2012. He still lectures at various business schools ona part-time basis. Jayholds a B.Sc(Soc), a post-graduate diploma in Human Resource Management, a certificate in Labour Law and a Masters degree in BusinessLeadership.

While at the Business School he consulted widely to organisations and institutions on strategy implementation, leadership, service, change management, human resource development and personnel systems. In 2003 was appointed a Visiting Fellow at the Rhodes University Investec Business School. In 1992 started the Covey Leadership Centre (Southern Africa), which later became Franklin CoveySouthernAfrica, responsible for leadership and organizational development and organizational effectiveness research. Left in 2004 to focus on current interests. Consulted extensively to the Banking Industry (Standard Bank Credit and Africa Divisions) on leadership, strategy implementation and teameffectiveness.



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# ...Another Value-add Talent Management Initiative Registration Form

**D** 39<sup>th</sup> Crucial Conversations 22-23 June 2023

<sup>1</sup> 1. PERSONAL DETAILS				
Mrs O Miss O Ms O Mr O	Title (Dr, Prof, etc)			
FirstName (s)	Surname			
Company Address	Country			
	Company			
	Office Email			
Mobile Number (WhatsApp)				
Tel. (Incl. area code & extension)				
Email				
Meal Preferences: Veg O Non-veg O	Company VAT:			
2. PROFESSIONAL BACKGROUND	Signature	Date		
Qualifications	Years of Working Experience			
Years of Management Experience	_Additional Information			
Professional Management Membership				
3. REGISTRATION METHOD				
Email: PLCSecretariat@teamsynthesis.com		eamSYNthesis (Mauritius & Africa) Ltd		
Phone: (230) 465 0048/ (230) 454 7719		A Hitchcock Avenue		
Fax: (230) 4546730	-	uatre Bornes Iauritius		
4. MODE OF PAYMENT				
(Local Delegates - Rs.42,000,MQA Approved)	Number of continin			
Number of participants	Number of participants -The only method of payment acceptable is via Telegraphic Transfer			
O Please find enclosed a cheque for Rs	to the bank accour Ltd. Payment must l	to the bank account of the Team SYNthesis (Mauritius & Africa) d. Payment must be received 10 days before the start of the course.		
O Please invoice my institution and payment will be made prior to the	Swift Code:	STCBMUMU		
start of the Course.	Account Name:	Team SYNthesis (Mauritius & Africa) Ltd		
Cheque should be drawn to the order of Team SYNthesis (Mauritius &	Bank Account No Bank Name:	o: 610 301 0003 7432 State Bank of Mauritius		
Africa) Ltd	Bank Address:	State Bank Tower		
		1 Queen Elizabeth II Avenue		
		Port Louis , Mauritius		
5. INFORMATION&DISCLAIMER	VENUE & ACCOMODATION The African Leadership Centre			
Payment is due in full at the time of registration. Full payment is mandat attendance.	4A Hitchcock Avenue Quatre Bornes			
CANCELLATIONS& SUBSTITUTIONS				
Once registration form is received by Team SYNthesis and invoice issue	d to			
participants, payment is expected. You may substitute participants at working days prior to the beginning of the Course. Cancellations will				
the preceding cancellations, participants can be transferred to the ne	ext Crucial			
Conversations session but such transfer is allowed ONCE only regardless	of the period			
of notice. No refund is given for any late cancellations or for participant show up for the course (no-show or partial show). The Organizers reserve				
www.teamsynthesis.com/PLC/				
	-	2 (230) 454 7719/230) 468 0048		
PLCSecretariat@teamsynthesis.com		(230) 4546730		